

# EXCITING NEW TRAININGS

## Child Care Connection is offering trainings for Nurtured Heart Approach

These workshops will teach you strategies that assist children in developing their self-regulation, greatly reducing challenging behaviors!

Several options are being offered, including an overview for 3 hours, an expanded 6 hour class, and an extended 6 week course with a total of 12 training hours.

The Nurtured Heart Approach is more than just a parenting or educator behavior management strategy. It is a philosophy for creating healthy relationships with the people in your life. The Nurtured Heart Approach consists of a set of strategies that assists children in further developing their self-regulation and has been found effective with children of all ages.

For more information on Nurtured Heart Approach see: [www.childrensuccessfoundation.com](http://www.childrensuccessfoundation.com)

<u>NURTURED HEART APPROACH OVERVIEW</u> (3 HOURS)	<u>NURTURED HEART APPROACH EXPANDED</u> (6 HOURS)	<u>NURTURED HEART APPROACH 6 WEEK COURSE</u> (12 HOURS)
This session provides a basic overview of the approach. Learn about The 3 Stands of Nurtured Heart Approach, which can be a powerful means of transforming children.	Learn the 3 Stands of Nurtured Heart Approach, along with expanded details regarding how to implement this approach in a classroom as well as at home.	This in-depth six-week course allows participants to more fully explore, apply, and reflect upon the Nurtured Heart Approach methods over time.
Tuesday, October 17 10am to 1 pm	Saturday, November 18 10am to 5 pm *Bring a bag lunch	Tuesdays, 6:30pm to 8:30 pm November 7,14,21,28, and December 5,19  **must commit to attending all 6 weeks**
Cost: Free	Cost: \$50	Cost: \$150

### TO REGISTER:

- Sign in to your NJ Registry account using the email address you provided as your username and the password you created
- On the left-hand menu, select 'Find Training'
- Search by 'Sponsor' and select 'Child Care Connection'
- Select the *Nurtured Heart Approach* training of your choice
- Proceed through enrollment to confirmation
- Send in payment if enrolling in the six-hour or six-week course

### ALL CLASSES WILL BE HELD AT:

**CHILD CARE CONNECTION**  
1001 SPRUCE ST., SUITE 201  
TRENTON, NJ 08638

FOR MORE INFORMATION, CALL:  
609-989-7940

