

# EXCITING NEW TRAININGS

## Child Care Connection is offering trainings for Nurtured Heart Approach

These workshops will teach you strategies that assist children in developing their self-regulation, greatly reducing challenging behaviors!

Multiple options are being offered, including an overview for 3 hours and an expanded 6 hour class.

The Nurtured Heart Approach is more than just a parenting or educator behavior management strategy. It is a philosophy for creating healthy relationships with the people in your life. The Nurtured Heart Approach consists of a set of strategies that assists children in further developing their self-regulation and has been found effective with children of all ages.

For more information on Nurtured Heart Approach see: [www.childrensuccessfoundation.com](http://www.childrensuccessfoundation.com)

### NURTURED HEART APPROACH OVERVIEW (3 HOURS)

This session provides a basic overview of the approach. Learn about The 3 Stands of Nurtured Heart Approach, which can be a powerful means of transforming children.

Wednesday, April 18  
5:30pm to 8:30pm

Cost: Free

### NURTURED HEART APPROACH EXPANDED (6 HOURS)

Learn the 3 Stands of Nurtured Heart Approach, along with expanded details regarding how to implement this approach in a classroom as well as at home.

Saturday, June 16  
10am to 5 pm  
\*Bring a bag lunch

Cost: \$50

There is also an extended 6 week course, with a total of 12 training hours, which will be offered if there is interest. This course would allow participants to more fully explore, apply, and reflect upon the Nurtured Heart methods over time.

Please send an email to [sheilamaguire@ccc-nj.org](mailto:sheilamaguire@ccc-nj.org) if you are interested

#### TO REGISTER:

- Go to NJ Workforce Registry website and login using your Username (e-mail) and Password.
- Click on "Registry" in the top blue banner and select "Find Professional Development & Training Classes."
- Scroll down to "Advance Search" on right side of screen.
- Select "Training Location" from the "Select Field to Search" window; select "New Jersey;" select "Mercer."
- Select "Child Care Connection" from the "Training Location" window and click "Search."
- To see all currently available trainings, click the drop-down window below the listed trainings with a "5," change it to "50," and click the page "1."
- Click the pencil icon next to the training you are interested in.
- Scroll down to see the event information and click the "Register for this Event" to complete the registration process.

#### ALL CLASSES WILL BE HELD AT:

**CHILD CARE CONNECTION**  
1001 SPRUCE ST., SUITE 201  
TRENTON, NJ 08638

FOR MORE INFORMATION, CALL:  
609-989-7940

